



CLIENT INFORMATION:

FOALING FACT SHEET

Late Pregnancy

- Booster vaccinations for tetanus and influenza are recommended **1 month** before foaling
- Herpes vaccinations to help prevent viral abortion are given at 5, 7 and 9 months of pregnancy
- Rotavirus vaccinations are given to mares in the stud environment at 8, 9 and 10 months of pregnancy to prevent serious rotavirus diarrhoea in young foals
- Length of pregnancy: **335 days**, but can range between 321 & 365 days!
- Udder development starts **1-2 weeks** before foaling
- Waxy material may appear on the teats **2-4 days** before foaling. Mare may lie down more
- Milk may drip from the udder in the last **24 hours**. NB IF FOALING DOES NOT OCCUR IT IS WISE TO MILK OUT THE MARE AND FREEZE THE VALUABLE COLOSTRUM FOR THE FOAL!

When foaling is imminent ring the practice so that the duty vet knows how to find you.

Foaling

NB. It is very important that foaling is allowed to occur as naturally as possible. Untimely interference may inhibit the mare and excessive handling of the foal may agitate her and, in some cases, cause her to reject the foal. If you are lucky enough to witness the mare foaling then one person, who is familiar to the mare, can observe from a distance.

- **Stage 1:** The mare is restless, sweaty and may roll and watch her flanks. **May last minutes or hours!** Put a tail bandage on the mare but TAKE CARE!
- **Stage 2:** Starts with the 'waters' breaking. The mare may lie down. Foaling should occur **within 30 minutes** (ring the surgery if it has not occurred after 15 minutes). Foal is usually ejected forcibly. The foal is born in a sac and should break out on its own (assist it if it fails to). Treat the foal's navel with antibiotic spray and repeat this several times during the first day.
- **Stage 3:** Passing of the afterbirth. This should occur in the first **6 hours**. Ring the surgery if it has not occurred by 4 hours to avoid serious illness.

The Foal

- Foal's suck reflex appears in the first **5-10 minutes**
- Foal stands **1-3 hours** after birth
- Foal first sucks **2-4 hours** after birth

Colostrum: It is vital that the foal receives adequate colostrums. **1½-2 litres** should be drunk in the first **6 hours**.

- Foal sucks 5-7 times an hour
- Urination usually occurs **8-12 hours** post foaling
- Meconium (the chocolate brown foal dung) is passed in the first couple of days. Completion of its passing is only confirmed by the appearance of milk dung (soft and yellow). Ring the surgery if the foal persists with unsuccessful straining

Temperature	Age	Heart Rate	Age	Respiratory Rate
37-38°C 99-102°F	Birth	60-80	5 mins	60-80
	0-2 hours	120-150	15 mins	40-60
	3+ hours	80-120	12 hours	30-40
	24 hours	80-100		

Surgery Telephone: 24 Hours 01202 823512